

LEGENDS GYM

Presents

The Easy Journey to Fitness 30-Day Free Fitness Challenge

Follow-up and Personal Attention is what Sets us Apart

I'm Cody Dailey, the owner of Legends Gym. Legends has a driving force that began in 1995 – to give every member better service than they pay for. 7 out of 10 people who start an exercise program are desperate for help, and they need to know they can find it in the club they selected. Legends Gym wants to motivate and educate each person on how we can assist them in reaching their goals while hopefully earning their business. Stop letting the scale rule your life. We will teach you the true health and fitness components that will change your life inside and out. Our goal is to teach each person to quit thinking about short term, overnight results, and start thinking about a commitment to a long-term, lifestyle change. Are you ready? Please let me or a staff member know when you are ready to start your Fitness Challenge, so we can record your information. I want to personally coach and motivate you to succeed!

We are in the Life Changing Business Give us a Chance to Change Yours

THE NEW FITNESS MOVEMENT

FREE!

Building Relationships
Through Accountability, Coaching, and Follow Up

Call Cody Dailey at 903-792-2639 or drop by and participate in the Fitness Challenges today! Non-members can purchase the 30-Day Fitness Challenge for only \$60, or do it with a friend for only \$40 each. Zero enrollment fee if you decide to join after the Fitness Challenge.

We want to earn your business.

Start Your Fitness Challenge Today

Visit www.legendsgym.com to watch the Fitness Challenge video.

Let's get started!